

THREE EASY STEPS FOR YOUR CATERING:

1. Please call 978.969.2868 or email to GourmetGardenBeverly@gmail.com;
2. Simply tell our manager your budget;
3. That's it! We will take care of the rest!

Book Your Party Now!
Private Party Room
Can Accommodate
Parties For 60 People

AKAI RICE
 (Multi-Grains, Contains Wheat)
 Strongly recommended,
 good for your health.

Contains no sugar. 56 times more fiber than regular rice, easy to digest, helps to clean (detoxify) the colon. Lower blood sugar levels, reduces water weight and bloating.

*Great for Fried Rice, Sushi, Maki, etc.
 Small \$3.00, large \$5.00.*

- #1 NO M.S.G.**
- #2 0 TRANS FAT**
- #3 HEALTHY MULTI-GRAINS RICE**
- #4 ORGANIC SUSHI RICE/ ORGANIC CHICKEN**

HOURS
 Sun. - Thurs. 11:30 am - 10:00 pm
 Fri. - Sat. 11:30 am - 11:00 pm



OTHER LOCATIONS:
 95 Washington Street, Canton, MA 02021
 48 Whiting Street, Hingham, MA 02043
 430 Paradise Road, Swampscott, MA 01907

Chinese 0 Trans Fat No MSG All Appetizers are Freshly Made

Appetizers

1	Edamame	5.95
	<i>Steamed soy bean with sea salt</i>	
2	Vegetable Spring Roll	4.95
3	Egg Roll	4.95
4	Shu Mai <i>(steamed or fried)</i>	4.95
5	Peking Ravioli <i>(steamed or fried)</i>	7.50
6	Fried Shrimp	8.95
7	Salt & Pepper Soft Shell Crab	12.95
8	Chicken Wing	9.50
9	Chicken Fingers	8.95
10	Crab Rangoon	7.95
11	Spicy Tuna Rangoon	9.95
12	Chicken Teriyaki	8.95
13	Beef Teriyaki	9.25
14	Boneless Rib	9.50
15	Barbecued Spare Ribs	9.95
16	Salted & Pepper Calamari	11.95
17	Salted & Pepper Shrimp	12.95
18	Phil's Amazing Special	11.95
	<i>Tuna, salmon, white fish and avocado in tempura batter with sweet and sour sauce</i>	
19	Chicken Lettuce Wrap	11.95
20	Shrimp Lettuce Wrap	12.95
21	Scallop and Crab Stick Lettuce Wrap	12.95
22	Scallion Pancake	4.95
23	Pu Pu Platter	for 1 10.95 for 2 20.95
	<i>Egg roll, crab Rangoon, fried shrimp, chicken wings, chicken fingers, beef teriyaki and bonless ribs</i>	
24	Thai Ribs	11.95
25	Peking Duck	half 19.95 whole 39.95
26	Pork Gyoza <i>(Japanese dumpling)</i>	5.95
27	Oysters	before 5pm after 5pm
	half dozen	6.00 12.00
	one dozen	12.00 24.00
28	Hamachi-kama	9.50
29	Vegetable Dumpling	4.95
30	Squid Hokkaiyaki	9.95

Core Value
 We sell the highest quality food available.

Fine Chinese Cuisine & more

Salad

31	Spicy Seafood Salad	8.95
32	Avocado Salad	7.95
33	Seaweed Salad	6.50
34	Lobster Salad	13.95
35	Grilled Salmon Organic Salad	10.95
	<i>Seared rare with black pepper and toasted sesame seeds, mixed field organic greens, lettuce, cucumber with yuzu citrus dressing.</i>	
36	Grilled Tuna Organic Salad	10.95
	<i>Seared rare with black pepper and toasted sesame seeds, mixed field organic greens, lettuce, cucumber with yuzu citrus dressing.</i>	
37	Mix Green Salad	5.95

Soup

		Small	Large
41	Wonton Soup	3.50	4.95
42	Miso Soup	3.50	4.95
43	Chicken Noodle Soup	3.95	4.95
44	Hot and Sour Soup	3.50	4.95
45	Chicken Rice Soup	3.95	4.95

Entrée

Served with vegetable

51	Pan-Seared Scallop <i>(teriyaki sauce)</i>	21.95
52	Pan-Seared Shrimp <i>(teriyaki sauce)</i>	16.95
53	Pan-Seared Steak Sammy Style	19.95
	<i>With pepper onion mushroom sauce</i>	
54	Pan-Seared Salmon <i>(teriyaki sauce)</i>	19.95
55	Pan-Seared Chilean Sea Bass <i>(teriyaki sauce)</i>	23.95

For Health Conscious People

Gluten Free

Served with White Rice / Brown Rice

131	Gluten Free Ginger Scallion Chicken	13.50
132	Gluten Free Spicy Chicken With Peapod	13.50

Indicates spicy

Health
 Starts from Organic & Natural Food
 (No growth hormone, no antibiotics)

NEW
 We only use white meat organic chicken.

Chef's Special

*Lunch served with white rice. 11:30am-4pm
 (Brown rice is available upon request)*

	Lunch	Dinner
61	Mango Chicken	8.95 11.95
	<i>White meat chicken stir-fried with fresh mango, pepper. In fresh mango sauce.</i>	
62	General Gao Chicken	8.95 11.95
63	Gong Bao Chicken	8.95 11.95
64	Chicken with Mix Vegetables	8.95 11.95
65	Ginger Chicken	8.95 11.95
66	Orange Beef	8.95 11.95
67	Orange Chicken	8.95 11.95
68	Sesame Chicken	8.95 11.95
69	Beef with Broccoli	8.95 11.95
70	Ginger Beef	8.95 11.95
71	Beef with Pepper Onion	8.95 11.95
72	Sesame Beef	8.95 11.95
73	Yuen Yang Spicy Beef	8.95 11.95
	<i>In a hot pepper sauce, served on bed of string bean</i>	
74	General Gao Shrimp	9.95 13.95
75	Hong Kong Shrimp	9.95 13.95
	<i>With black bean sauce & bean</i>	
76	Imperial Couple	10.95 14.95
	<i>Shrimp and scallop, snow peapods and ginger scallions</i>	
77	Shang Hai Duck	10.95 12.95
	<i>Roasted duck stir-fried with snow peapods, black mushroom in Shanghai spicy sauce.</i>	
78	Shrimp in Lobster Sauce	9.95 13.95
79	Shrimp with Ginger Scallion Sauce	9.95 13.95
80	Summer Shrimp	9.95 13.95
	<i>With white creamy pineapple sauce</i>	
81	Three Delight	9.95 13.95
	<i>Chicken, beef, shrimp and vegetable with tasty brown sauce</i>	
82	Crystal Scallop	10.95 13.95
	<i>Fresh large scallops, snow peapods, carrots & black mushrooms stir-fried in a light sauce, just a hint of garlic & ginger.</i>	
83	Soft Shell Crab with Ginger Scallion Sauce	12.95 15.95
84	Hong Kong Chicken with Sring Bean	8.95 11.95

Vegetarian

Sautéed, steamed option is available upon request

91	Broccoli	9.95
92	Chinese Baby Bok Choy	9.95
93	String Bean	9.95
94	Vegetable Delight	9.95
95	Eggplant <i>(in garlic sauce)</i>	9.95
96	Ginger Tofu	9.95
97	Family Style Tofu	9.95

Diet Selection

101	Steamed Vegetable & Tofu	10.95
102	Steamed Chicken with Vegetables	12.95
103	Steamed Shrimp with Vegetables	14.95

Old Time Favorites

105	Chicken Chow Mein	10.95
106	Pork Egg Foo Yong	10.95

Noodles

	Lunch	Dinner
108	Chicken Pad Thai	7.95 10.50
109	Shrimp Pad Thai	7.95 10.95
110	Tofu Pad Thai	7.95 10.50
112	Chicken & Shrimp Pad Thai	7.95 10.95
113	Chicken Lo Mein	7.95 9.95
114	Shrimp Lo Mein	7.95 9.95
115	Beef Lo Mein	7.95 9.95
116	Vegetable Lo Mein	7.95 9.95

For people who cannot eat wheat, any lomein meal can be made with rice noodle.

Fried Rice

Brown rice option is available upon request

	Lunch	Dinner
119	Pork Fried Rice	7.95 8.95
120	Chicken Fried Rice	7.95 8.95
121	Shrimp Fried Rice	7.95 8.95
122	Vegetable Fried Rice	7.95 8.95
123	Duck Fried Rice	8.95
124	House Fried Rice	7.95 8.95
125	Steamed Rice	Sm 1.75 Lg 2.75
126	Brown Rice	Sm 2.00 Lg 2.95
127	Healthy Akai Rice	Sm 5.00 Lg 8.95

Low Carb Appetizers From Sushi Bar

141	Naruto (Cucumber Roll) <i>Crab stick, flying fish roe & avocado rolled with thin slice cucumber.</i>	8.15
142	Eel-Avocado Naruto	8.95
143	Spicy Salmon Naruto	8.95
144	Spicy Tuna Naruto	8.95
145	Spicy Yellow Tail Naruto	8.95
146	Esther Special	10.50
147	Kenny Cucumber Hand Roll <i>Spicy tuna rolled with thin sliced cucumber.</i>	9.15
148	Libby Torch Salmon Special	12.95
149	Sashimi Appertizer <i>Assorted filets of raw fish.</i>	10.50
150	Torch Salmon with Spicy Miso-Ginger	9.50
151	Tuna Tataki <i>Lightly boiled, topped with scallions, served with chef's special sauce.</i>	9.15
152	White Escolar Tuna Tataki	9.15
153	Kobe Beef Carpaccio	M/P
154	Octopus Carpaccio	9.95

Sushi Combo

161	Sushi cook combo <i>Chef's choice of cooked sushi.</i>	17.95
162	Sushi plate <i>Chef's choice of assorted raw fish filets on seasoned sushi rice.</i>	17.95
163	Sushi deluxe	20.95
164	Sashimi plate <i>Chef's choice of assorted raw fish filets.</i>	20.95
165	Sashimi deluxe	25.95
166	Makimono combo <i>Spicy tuna maki, California maki & crazy maki.</i>	17.95
167	Party boat for 2 <i>Nigiri sushi, assorted makimono & sashimi.</i>	50.95
168	Party boat for 3-4 <i>Nigiri sushi, assorted makimono & sashimi.</i>	90.95
169	Party boat for 6 <i>Nigiri sushi, assorted makimono & sashimi.</i>	129.95

Seafood is a source of high-quality protein, vitamins, and minerals, which can be an important part of a balanced diet. However pregnant women, women of child bearing age, and children under the age of 12 are advised to not eat the following marine fish:
Swordfish Shark Tilefish King Mackerel
Canned tuna and tuna steaks should be limited.

Ishiyaki (hot stone grill) *Dine-in Only*

Tuna (6 pcs)	11.95
Toro (5 pcs)	M/P
Salmon (6 pcs)	11.95
Kobe Beef (6 pcs)	M/P
Yellowtail (6 pcs)	11.95
White Escolar Tuna (6 pcs)	11.95
Fish Combo <i>Tuna(2) salmon (2) yellowtail (2) white escolar tuna (2)</i>	14.95
Steak	10.95

Sushi A La Carte

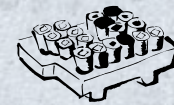
*Sushi order 2 pcs;
Sashimi order 3 pcs.
Brown rice 50¢ extra per order.
Akai rice \$1.25 extra per order.*



<i>We only use organic sushi rice.</i>	sushi	sashimi
Ebi (Shrimp)	4.70	6.70
Ika* (Squid)	4.15	6.15
Inari (Tofu)	3.15	5.15
Kanikama (Crab stick)	4.15	6.15
Saba* (Mackerel)	4.15	6.15
Ikura* (Salmon roe)	5.15	7.15
Ikura with Quail Egg*	6.15	8.15
Sake* (Salmon)	5.95	7.95
Hotategai* (Scallop)	5.95	7.95
Smoked Salmon	5.75	7.70
Hokkigai* (Surf clam)	4.70	6.70
Suzuki* (Bass)	4.15	6.15
Tako (Octopus)	4.15	6.15
Tamago (Egg)	4.15	6.15
Tobiko* (Flying fish roe)	4.70	6.70
Tobiko with Quail Egg*	5.15	7.15
Toro* (Fatty tuna)	16.95	19.95
Maguro* (Tuna)	5.95	7.95
Unagi (Grilled eel)	5.95	7.95
Uni* (Sea urchin)	7.15	9.15
White Escolar Tuna	5.95	7.95
Hamachi* (Yellowtail)	5.95	7.95

Makimono

*Brown rice maki 50¢,
Akai rice \$1.25 extra/order*



Kappa Maki <i>Cucumber</i>	4.50
Oshinko Maki <i>Pickled radish</i>	3.95
Avocado Maki	4.50
Idaho Maki <i>Sweet potato tempura</i>	5.45
Avocado-Cucumber Maki	4.95
Una-Avo Maki <i>Grilled eel & avocado</i>	6.70
Una-Kyu Maki <i>Grilled eel & cucumber</i>	6.70
Futo Maki <i>Egg, crab stick & vegetables</i>	7.15
Fashion Maki <i>Grilled eel, avocado, cream cheese & flying fish roe</i>	8.45
Scorpion Maki <i>Grilled eel, avocado, flying fish roe, covered with shrimp</i>	11.15
Caterpillar Maki <i>Grilled eel, avocado, cucumber, flying fish roe, rolled in the shape of a caterpillar</i>	11.95
Salmon Skin Maki <i>Salmon skin, scallions & cucumber</i>	4.95
Fancy Maki <i>Salmon skin, avocado, cucumber, salmon roe & scallions with bonito flakes</i>	7.15
Rising Sun Maki <i>Fried salmon, avocado, flying fish roe & scallions</i>	8.95
California Maki <i>Crab stick, cucumber & flying fish roe</i>	6.95
Crazy Maki <i>Shrimp tempura, avocado, cucumber, tobiko & spicy mayo</i>	9.95
House Dragon Maki <i>Shrimp tempura, crab stick, topped with eel, avocado & tobiko</i>	11.95
Spider Maki <i>Deep-fried soft shell crab, avocado, cucumber, tobiko & spicy mayo</i>	12.15
Snow Mountain Maki <i>Shrimp tempura inside top with crab stick</i>	12.95
Lobster Maki <i>Lobster, mango, asparagus</i>	13.95

(V) = Vegetable Roll
(R) = Raw Fish Roll
(C) = Cooked Roll

Alaskan Maki <i>Salmon, avocado, cucumber & scallions</i>	6.95
Christmas Maki <i>Shrimp tempura, avocado, tuna</i>	13.95
Hawaii Maki <i>Spicy tuna wrapped with avocado & mayo in rice nori</i>	10.95
Lenny Roll Maki <i>Salmon, cream cheese, cucumber & scallions</i>	6.15
Negihama Maki <i>Yellowtail & scallion</i>	5.45
New Wave Maki <i>Spicy tuna inside, yellowtail, salmon, avocado outside. Tempura crumb with 3 kinds of special sauce on top</i>	15.95
Philadelphia Maki <i>Smoked salmon, cream cheese, cucumber & scallions</i>	6.95
Pink Lady Maki <i>Spicy seafood, asparagus, mango with chef's special sauce</i>	15.15
Rainbow Maki <i>Crab stick, cucumber & flying fish roe top with white fish, salmon, avocado</i>	12.15
Red Dragon Maki <i>Shrimp tempura, spicy tuna</i>	13.15
Rock And Roll Maki <i>Spicy scallop inside, lobster salad outside, topped with black tobiko, red tobiko, wasabi tobiko</i>	18.20
Salmon Maki	5.45
Spicy Salmon Maki	6.45
Spicy Tuna Maki	6.95
Spicy Yellowtail Maki	6.15
Tekka Maki <i>Tuna roll</i>	5.70

Rent Sushi Boat or Catering Equipment
at zero cost if you order from us.
(deposit is required)

Note: We sell premier grade wild caught fish available.

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase risk of foodborne illness.



GOURMET GARDEN
CHINESE & JAPANESE CUISINE

★ We provide organic macrobiotic friendly cuisine using all ingredients whenever organic and local possible with NO chemicals such as chemical seasonings and harmful food additives.

T. 978.720.8177
978.969.2868
F. 978.969.6194

**45 Enon Street (Rt 1A)
Beverly, MA 01915**

In Commodore Plaza
(close to Stop&Shop and
North Beverly Train Station)

WE DELIVER
(Within 5 miles radius)

Online Ordering VIA
GourmetGardenBeverly.com



Before placing your order, please inform your server if a person in your party has a food allergy.